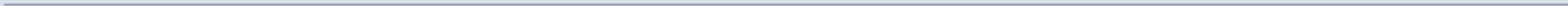




**Road
Safety
At Work**

BCHP
BC Highway
Patrol

Just Drive! Avoid Distractions for Safer Trips



Introducing today's presenters



**Angelina
Robinson**

Road Safety at
Work

Client
Relationship
Manager



**Sgt. Patrick
Davies**

BC Highway
Patrol

Fraser Coast
Integrated
Road Safety
Unit

Overview

1. What distracted driving is
2. Consequences of distracted driving
3. How to control distractions
4. Questions and answers





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What is distracted driving?

Distracted driving in BC



Contributes to more than one quarter (28%) of all car crash fatalities in BC



A leading cause of crashes with pedestrians, cyclists, and motorcyclists



A causal factor in more than 40% of police-reported injury crashes



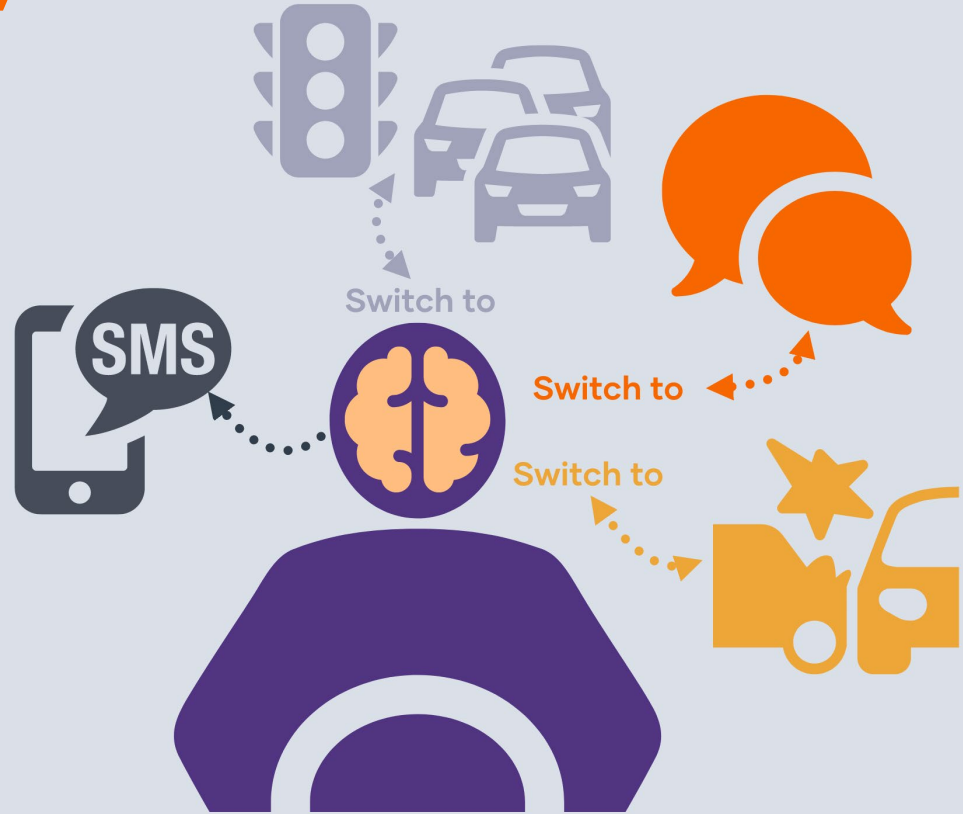
Types of distractions

Distracted driving is any activity that reduces your ability to focus on the road



Multitasking is a myth

Our brains
switch from one
task to another



Consequences of attention switching



Common distractions





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Distracted driving laws

B.C.'s mobile device law

Section 214.2 of the Motor Vehicle Act

the rules



The use of hand-held personal electronic devices while driving has been banned in B.C. since 2010.

The law also applies while you're stopped at a red light or slowed in traffic.



\$368



The penalty for one distracted driving ticket is a **\$368 fine and four penalty points**.

If you have your L or N, you're not allowed to use any personal electronic devices, even with a hands-free system.



#EyesFwdBC and #LeaveYourPhoneAlone



Penalty

\$368 fine and four penalty points



Premium

Repeated offences result in increased costs and penalties under the Driver Risk Premium

Hands free communication

Electronic device must:

- Be voice-activated or one touch
- Be securely fixed to the vehicle or body
- NOT be held or operated by hand
- NOT obstruct the driver's view
- NOT interfere with vehicle safety or operating equipment

Any earpiece can only be worn in one ear only



Electronic devices must not be “held”



- Driver was stopped at light
- Police officer saw driver looking down
- Phone was connected to charging cord
- Phone was on right lap
- Driver was charged
- Appeal was rejected



Careless driving prohibited

BC Motor Vehicle Act
144 (1) (a)

A person must not drive a
motor vehicle on a highway
without due care and attention

Questions





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How employers can prevent distractions

Distracted driving policy

Distracted driving policy



[Link to resource](#)

Policies and procedures tool kit



[Link to resource](#)

Align practices

Ensure expectations support policy

Identify distractions

Schedule time for non-driving related duties

Review expectations

Encourage feedback

Rinse and repeat



Communicate

- Review policy annually and after incidents
- Regularly, using a variety of methods
- Encourage personal experiences



Communicate – Case study



Take action when incidents happen

- Review and enforce policy
- Identify distractions
- Clarify expectations
- Learn and improve



Lead by example

- Remind, reinforce
- Model distraction free driving
- Be consistent
- Make it a priority





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How drivers can avoid distractions

Smart phones/watches/glasses

- Stow your device
- Use "Do not disturb"
- Set it up before driving
- It can wait!

Plan ahead

Set GPS

Review your route

Plan stops for snacks



Set yourself up for success

- Set vehicle controls
- Select music
- Stow items



Passengers

- Let them help you!
- Avoid emotional conversations
- Evaluate risk
- Pull over if necessary
- Buckle up your furry friend



Just Drive!

- Commit to driving distraction-free
- Plan for hazards and distractions
- Check in with yourself
- Stay focused



Questions



What will you do?



We can help

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For employees

You have a role to play in keeping yourself safe.

Whenever you're behind the wheel as part of your job, you have safety rights. You also have a duty to keep yourself and others safe.

[Learn your rights & responsibilities →](#)



Contact us with your questions



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Fraser Coast Integrated Road Safety
Unit



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Thank you

For more information visit:
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