

Vehicle Emergency Kit

Drivers need to be prepared to deal with emergencies. Carry an emergency kit with supplies, tools, clothing, and other contents for a variety of weather and driving conditions. Print this checklist and keep a copy in all vehicles. Inspect the kit every six months to confirm all the contents are there and in good working condition. Check expiry dates on any perishable items.

1. Basic vehicle emergency kit

Gather and store these items in a sturdy, waterproof container or a zippered gear bag.

- Basic first aid kit with manual
- Booster cables
- Bottled water
- External phone battery pack/charger
- Fire extinguisher (ABC type)
- Flashlight with extra batteries or hand-crank flashlight/radio
- HELP/OK sign
- High-visibility apparel
- Jack
- Non-perishable high energy foods (e.g., trail mix, granola bars)
- Reflective safety triangles
- Survival blanket
- Extra clothing (e.g. hat, gloves)
- Whistle

2. Additional items for winter driving or travel in remote locations

- Antifreeze, windshield de-icer
- Candles, waterproof matches, and candle holder
- GPS system
- Sand, kitty litter, or traction mats
- Shovel
- Sleeping bag/warm blankets
- Tire chains or other approved traction device
- Tools (tire wrench, screwdrivers, adjustable wrench, pliers, multi-function knife)
- Tow strap or rope
- Wheel chocks, spare tire
- Windshield scraper and snow brush
- Extra clothing (work gloves, toque, jacket, socks)