

# Winter Driving Safety Tailgate Meeting Guide



## Preparing to drive

During the winter months, road hazards increase significantly due to rain, snow, ice, and fog.

The best way to stay safe is to always Know Before You Go. That means planning BEFORE you get behind the wheel. A few websites to help you plan your route:

- **DriveBC.ca:** For the latest weather and road conditions, highway cams, and delay information.
- **B.C. Weather Warnings:** Call toll-free 1-800-550-4997 for 24-hour B.C. road information.

Try to avoid driving when road and weather conditions are bad. If you have to drive, ask yourself if you can cancel your trip, or delay it until the weather improves. Even an hour or two can make a difference.

### Once you're behind the wheel:

- Avoid roads that become dangerous (black ice, hard packed snow, slush) during bad weather. Respect road closure signs and barriers.
- Leave lots of time so you're not rushing. Keep at least four seconds distance between you and the vehicle in front – in case you have to brake suddenly.

- Learn and practice how to brake safely, get out of a skid, and how your work vehicle handles in winter weather.
- Dress comfortably and have warm clothing on hand (winter boots, coat, gloves, and hat) in case you have to leave your vehicle.
- Have an emergency survival kit and an emergency plan. If you get stuck or stranded, follow the company's procedures. If you have a cell, call 911 if it's an emergency. Otherwise, call for roadside assistance.

A few minutes planning your route beforehand prevents problems when you're on the road. It reduces your stress. It increases your safety. It's smart driving.

## Know before you go.

Before heading out:

- Visit **DriveBC.ca** for current road conditions.
- Visit **ShiftIntoWinter.ca** for tips on ways to prepare yourself, your vehicle, and how to drive safely on winter roads.



Project: \_\_\_\_\_ Address: \_\_\_\_\_

Employer: \_\_\_\_\_ Supervisor: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Shift: \_\_\_\_\_

Number on Shift: \_\_\_\_\_ Number Attending: \_\_\_\_\_

**Other safety issues or suggestions made by attendees:**

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**Record of those attending:**

| Name (please print) | Signature | Company |
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**Manager's remarks:**

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Manager: \_\_\_\_\_ Supervisor: \_\_\_\_\_

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