

Checklist

Vehicle emergency kit

Drivers need to be prepared to deal with emergencies. Carry an emergency kit with the supplies, tools, clothing, and other contents that match the current weather and driving conditions. Print this checklist and keep a copy in the glove box of all vehicles you drive for work.

1. Basic vehicle emergency kit

Gather and store these items in a sturdy, waterproof container or a zippered gear bag for protection. Inspect the kit every six months to confirm all the contents are there. Check expiry dates on any perishable items.

- Basic first aid kit with manual
- Booster cables
- Bottled water
- Fire extinguisher (ABC type)
- Flashlight with extra batteries, or hand-crank flashlight/radio
- HELP / OK sign
- High-visibility garments: vest, shirt or jacket with hi-vis trim
- Non-perishable high energy foods (e.g., trail mix, granola bars)
- Reflective safety triangles
- Survival blanket
- Warm clothing (hat and gloves)
- Whistle

2. Additional kit items for winter driving or travel in remote locations

- Candles, waterproof matches and tin for candle
- Compass, maps / GPS system
- Duct tape, light rope
- Gas line antifreeze, windshield de-icer
- Shovel
- Sleeping bag / warm blankets
- Sand, kitty litter or traction mats
- Tire chains
- Tools: tire wrench, screw drivers, adjustable wrench, pliers, multi-function knife
- Tow strap
- Wheel chocks, extra spare tire
- Windshield scraper and snow brush
- Winter clothing - gloves, toque, jacket, socks

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